



Interfaith Towers

Community News

December 2025

Happy Holidays!

The final month of 2025 is here! It has been a challenging year but filled with much joy!

Interfaith Towers began its mission of providing a comfortable, affordable community for Seniors to enjoy and make their homes in 1974. Over the years, over 800 folks have done just that! November 22, 2024, marked the beginning of our 50th year and this November marked the beginning of our 51st! May the next 50 years be as blessed as the first 50! Each of our residents contributes to the fabric of our community that makes it so very special!

Wishing you and yours a happy, healthy and joyous holiday season!

~Mary and your Staff
of Interfaith Towers



But the Fire Is so Delightful

"A lot of people like snow. I find it to be an unnecessary freezing of water." —Carl Reiner

With Age Comes Wisdom ...

... and cheerfulness and enthusiasm, according to some experts! Sure, aging may bring its share of aches and pains, but it also brings rewards and bonuses. This tendency toward happiness, a phenomenon that researchers sometimes call the "paradox of aging," has been attributed to older adults' greater life experience and practice with emotional regulation.

Staff

Mary Scilleppi

Property Manager

Linda Gorzka

Administrative Assistant

Jessica DeGarmo

Resident Advisor

Roy Charter

Superintendent

Timothy Evans

Superintendent Assistant

Dylan Storms

Maintenance Assistant



Office Hours

Monday–Friday 8 a.m.–4 p.m.

Important Numbers

Office (845) 452-1172

Office FAX (845) 452-0106

Emergency Pager . (845) 431-6636

EMAIL

interfaithtowers@aol.com

interfaithtowers@gmail.com

T-Shirt Quilts

Give that collection of favorite T-shirts you can't bear to toss a new life by making a T-shirt quilt using an online tutorial. Consider a theme for your quilt by using only shirts from concerts, races or past volunteering activities.

Honor the Fallen

Dec. 7 is National Pearl Harbor Remembrance Day.



Off on the Right Foot

The 1934 NFL championship came down to kicks—footwear, not field goals. The New York Giants beat the Chicago Bears on an ice-covered field thanks to a last-minute idea to trade their cleats for basketball shoes. The win became known as the "Sneakers Game."



Wit & Wisdom

“The glow of one warm thought is to me worth more than money.”

—Thomas Jefferson

“Yet, taught by time, my heart has learned to glow for other’s good, and melt at other’s woe.”

—Homer

“From the glow of enthusiasm I let the melody escape.”

—Ludwig van Beethoven

“Believing in your own worth radiates enough inner light to make you glow.”

—Richelle E. Goodrich

“When we recall the past, we usually find that it is the simplest things—not the great occasions—that in retrospect give off the greatest glow of happiness.”

—Bob Hope

“We are all worms, but I do believe that I am a glow-worm.”

—Winston Churchill



DECEMBER BIRTHDAYS

December 1	Rose Green
December 2	Suekay Case
December 6	Edna Rivera
December 9	Catherine Lyons
December 9	George Relyea
December 9	Dylan Storms
December 11	Gloria Cornick
December 11	Alden Willis
December 16	Louis Ritacco
December 18	Constance Allen
December 18	Andrea Sheldon
December 20	Lucy Imperati
December 21	Patrice Walker
December 23	Helen Douglas
December 25	Marie Bennett
December 28	Robert Stevensky
December 30	John Pelligatto

Happy Birthday with wishes for countless blessings throughout the coming year!

RESIDENT ADVISOR’S COLUMN

A mug of hot cocoa is a cold-weather favorite. While marshmallows and whipped cream are go-to additions, tickle your taste buds with other flavorful add-ins. Stir in some maple syrup, a sprinkle of cinnamon, a spoonful of peanut butter or caramel sauce, a crushed peppermint stick, or a scoop of ice cream. Stop by or call the office if you need an appointment. Jessie



Memorable Melody: ‘Let It Snow’

Would you believe that this classic carol about a frightful blizzard was written during a summer heat wave? Well, believe it! That’s exactly how “Let It Snow” came to be in July 1945, when musicians Sammy Cahn and Jule Styne were motivated by record high temperatures to write a song that would cool them down. The original version was recorded by big band singer Vaughn Monroe, who took the tune to No. 1. It’s since been covered by dozens of artists, with Dean Martin’s smooth rendition among the most loved.

Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the Community Room. Please be sure to sign up before noon the day before the meal you select.





OMELETTE BREAKFAST

An Omelette Breakfast is scheduled for

Friday, December 12th
9:00-10:15 a.m.

Breakfast will be available to-go for those not comfortable staying in a congregate setting to eat.

The menu will include:

- Omelettes**
- Potato Casserole**
- Fresh Fruit**
- Blueberry Muffins**
- Orange Juice, Coffee & Tea**

Purchase your ticket in the office no later than Thurs., Dec. 11th. Cost is \$3/Resident & \$6 /Guests.

Sign up early, the cost doubles the day of the breakfast!



Green Ideas for Greetings

Turn this year's greeting cards into next year's holiday decor. Pop cards with your favorite designs into inexpensive frames to dress them up for a seasonal display. Another green idea for greeting cards is to cut off the fronts and reuse them as gift tags.



HOLIDAY DINNER DELIVERY

Our Holiday Dinner delivery will be held on

Thursday, December 18th
Delivery between 2 ~ 2:30 pm

Our menu will include:

- Baked Ham**
- Au Gratin Potatoes**
- Broccoli**
- Applesauce**
- Rolls**
- &**

Pineapple Upside Down Cake

\$5 Residents / \$10 Guests (limit of one guest per resident). Sign up in the office by 12/17. Cost always doubles the day of the event.



Happiness Helper: Get Creative

Whether putting together a holiday craft, making music or baking cookies, engaging in creative activities can help you feel happier. And those feelings of well-being last long after you've taken part in the activity. Psychologists studying the effect say you can gain this feel-good benefit from an artistic pursuit no matter your skill level or talent for it.



Laugh Lines

Signed, Sealed and Delivered

What starts with a P, ends with an E, and has thousands of letters in it? Post office!

The U.S. Postal Service processes about 16 billion letters, cards and packages from Thanksgiving to New Year's Eve.

While you wait for the day's mail, see if these jokes deliver some laughs.

Did you hear the one about the unstamped letter? Never mind. You wouldn't get it.

A teenager bought a stamp at the post office and asked the clerk, "Should I stick it on myself?" The clerk replied, "It'll get there faster if you stick it on the envelope."

How did the mail carrier know the package was meant for the Jell-O enthusiast? The package was signed, congealed and delivered.

