



Interfaith Towers

Community News

July 2025

Manager's Corner

Hello to the first full month of Summer!

The dog days of July have arrived! During this time of year, it's really important to keep yourself well hydrated. Be sure to drink plenty of fluids and avoid getting overheated. Remember: the Community Room is always an option when looking for a spot to cool off and relax.

We look forward to hosting our annual Grill Days once again this year! Plan to come down and enjoy a delicious lunch with some of your friends and neighbors.

Keep cool and enjoy the month of July!

~Mary and your staff of Interfaith Towers



Seasonal Selections

Summer weather often requires plenty of hydration. Why not mix some of the season's best produce with a little carbonated water to make the perfect, refreshing soda? Try limes, blueberries, cherries, raspberries or strawberries. All are in season and offer many combinations to please any palate.

Revolutionary Words

"Learning is not attained by chance, it must be sought for with ardour and attended to with diligence." —Abigail Adams

Staff

Mary Scilleppi

Property Manager

Linda Gorzka

Administrative Assistant

Jessica DeGarmo

Resident Advisor

Roy Charter

Superintendent

Timothy Evans

Superintendent Assistant

Dylan Storms

Maintenance Assistant

Office Hours

Monday–Friday 8 a.m.–4 p.m.

Important Numbers

Office (845) 452-1172

Office FAX (845) 452-0106

Emergency Pager . (845) 431-6636

EMAIL

interfaithtowers@aol.com

interfaithtowers@gmail.com



A Little Self-Reflection

July 3 is Compliment Your Mirror Day—but why not start every day with a self-esteem boost? Therapeutic research has shown that looking in a mirror while giving yourself an encouraging pep talk has stronger soothing effects than just saying the words alone.



Record-Setting High

The summer heat may have you sweating it out, but compare it to this scorcher: The mercury hit 134 degrees Fahrenheit in July 1913 at Furnace Creek Ranch in California's Death Valley, setting the record for highest air temperature ever recorded.

July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>NATIONAL <i>Hot Dog</i> MONTH</p> 	1	<p><i>"Every Summer Sunrise in July Is a Chance to Start Anew and Work Towards Your Dreams."</i> ~ Unknown</p>	2	<p>9th Floor Hallway Cleaning 11 a.m.</p>	<p>Independence Day</p> <p>OFFICE CLOSED</p>	<p>5</p> 	
<p>6</p> <p><i>"Memories of July Are Built on the Scent of Fresh-cut Grass and BBQ Smoke."</i> ~Unknown</p>	7		<p>8</p> <p>Grill Day 1 pm - 2 pm Community Room</p>	<p>10</p> <p>12th Floor Vents 11 a.m.</p>	11	<p>12</p> <p><i>"Let July's Energy Be the Push You Need to Try Something New."</i> ~Unknown</p>	
13	<p>14</p> <p><i>"July Teaches Us That Growth Is as Natural as the Blooming Wildflowers."</i> ~Unknown</p>	<p>15</p> <p>6th Floor Inspections 1:30 - 3 p.m.</p>	<p>16</p> <p>EXTERMINATOR 9 a.m.</p> <p>ROVER THE ROAMING LIBRARY Community Room 1:30 - 3:00 PM</p>	<p>17</p> <p>8th Floor Hallway Cleaning 11 a.m.</p>	18	19	
	21	<p>22</p> <p><i>"Nothing Feels as Free as a July Breeze Brushing Against Sun-kissed Skin."</i> ~Unknown</p>	23	<p>24</p> <p>11th Floor Vents 11 a.m.</p>	<p>25</p> <p>Pancake Breakfast 9-10:15 a.m.</p>		26
<p>27</p> <p><i>"Every July Sunset Feels Like Nature's Way of Painting Happiness Across the Sky."</i> ~Unknown</p>	28	29	<p>30</p> <p>Grill Day 1 pm - 2 pm Community Room</p>	<p>31</p> <p>7th Floor Hallway Cleaning 11 a.m.</p>	<p>JULY</p>		