



# Interfaith Towers

Community News

May 2024

## Manager's Corner

From blooming flowers to fresh-cut grass, the scents of spring are in the air! Studies show that getting a whiff of these aromas can make you feel calm and happy. A resounding welcome to the month of May!

The air conditioning contracts are now due. If you have not done so already, please return yours to the office indicating your payment amount for the coming season.

We wish all of our "Moms" a happy, healthy Mother's Day filled with love & laughter! Enjoy the month of May!

~Mary & your Staff  
of Interfaith Towers



### Buttoned Up

Many folks have memories of opening up a box or tin at Grandma's house and finding a bunch of buttons! These little accessories are popular items to collect, not only to use in sewing and crafting, but also for their window into history. Like jewelry, buttons were often status symbols, and both the material and style of button can indicate what era it's from and who might have worn it. With buttons in every size, shape and color, plus endless ways to display them, button collecting is a hobby anyone can pick up.

### Staff

- Mary Scileppi**  
Property Manager
- Linda Gorzka**  
Administrative Assistant
- Jessica DeGarmo**  
Resident Advisor
- Roy Charter**  
Superintendent
- Timothy Evans**  
Maintenance/Custodial

### Office Hours

Monday-Friday ..... 8 a.m.-4 p.m.

### Important Numbers

- Office ..... (845) 452-1172
- Office FAX ..... (845) 452-0106
- Emergency Pager . (845) 431-6636



### Remember and Appreciate

Memorial Day is a time for remembrance and appreciation. We remember those who have gone before us and appreciate the friends and family who surround us as a new season is set to begin.

### Reading Challenge: Travel Through Time

With books, there's no need for a time machine! Explore the 20th century by reading a story set in each decade. For the most authentic experience, pick titles that were actually published during the time in which they take place.

### 'M' Is for Mother

In the majority of the world's languages, the word for "mother" begins with the "M" consonant sound. Linguists say this is likely because "ma" is one of the first sounds uttered by infants.





## Trivia Whiz

### Happy Birthday, Batman!

In May 1939, DC Comics introduced a new superhero. Celebrate 85 years of Batman with these facts about the Caped Crusader:

Created by artist Bob Kane and writer Bill Finger, the crime fighter debuted in "Detective Comics" No. 27.

Batman does not have any powers. He uses physical strength, intelligence, detective skills and technology to defeat villains.

The winged design of his cape was inspired by Leonardo da Vinci's "flying machine" sketches.

Campy and comical, the "Batman" TV series premiered in 1966, starring Adam West.

Six actors have put on the bat suit for the big screen: Michael Keaton, Val Kilmer, George Clooney, Christian Bale, Ben Affleck and Robert Pattinson.

# Happy Birthday

## MAY BIRTHDAYS

- May 1 David Baldrich
- May 1 Phyllis Tyme
- May 10 John Wassmer
- May 13 Francisco Flores
- May 15 Denise Lynn
- May 16 Larry Johnson
- May 23 Sheila Drew
- May 29 Zhhamenique Rosé
- May 29 William Trowbridge
- May 31 Talbot Johnson

*Happy Birthday with wishes for countless blessings throughout the coming year!*



## RESIDENT ADVISOR'S COLUMN

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks goes out to them and to all of our community's veterans for their service. If you need to set up an appointment with me call or stop by the office. Jessie



## Hugs and Quiches

Endlessly customizable, a quiche is the perfect dish for breakfast, brunch, lunch or dinner. Don't let the fancy French name fool you—this savory tart is quick to put together and calls for basic ingredients like eggs, milk and cheese, plus the proteins or vegetables of your choosing. For convenience, you can use a frozen pie crust and prepare the quiche the day before you plan to serve it. A quiche is a great method of sneaking in veggies, and mini versions, made in a muffin tin, are fun for all ages to eat!

## Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the Community Room. Please be sure to sign up before noon the day before the meal you select.

\*\*\*\*\*





### **PANCAKE BREAKFAST**

A Pancake Breakfast is scheduled for **Friday, May 31st**  
9:00-10:15 a.m.

Breakfast will be available to-go for those not comfortable staying in a congregate setting to eat.

The menu will include:

**Pancakes**

**Scrambled Eggs**

**Bacon & Sausage**

**Fresh Fruit**

**Pastry**

**Orange Juice, Coffee & Tea**

Purchase your ticket in the office no later than Thursday, May 30th. Cost for residents is \$3, and \$5 for guests (Must be present). Cost doubles the day of the event.



### **Prized Peonies**

“Roses as big as cabbages” is how explorer Marco Polo described peonies the first time he saw the flowers. The large, fluffy blossoms of some varieties can grow to be as wide as 10 inches. As well as garden plants, peonies are a favorite for bridal bouquets.



### **May Brunch Delivery**

A Brunch delivery is planned for Friday, May 17, 2024 between 10:30 ~ 11:00 a.m.

The menu will include:

**Quiche Lorraine**

**Potato Casserole**

**Breakfast Sausages**

**Fruit Salad**

**Blueberry Muffins**

**&**

**Orange Juice**

Purchase your ticket in the office, cost is \$3/Residents and \$6/Guests. Sign up by Thursday, May 16th; cost doubles the day of the event.



### **Keep Pesky Flies Away**

That familiar buzzing sound lets us know that houseflies are back in town, and they’re certainly not minding their own business. Try a natural way to keep the flies away. Get a basil, mint or lavender plant—the insects hate the smell of these herbs. Or you can spray essential oils like eucalyptus, lavender, peppermint or lemongrass around your home or on a ribbon to hang outside your door.



## **Wit & Wisdom**

“May flowers always line your path and sunshine light your day.”  
—Irish blessing

“Laughter is magic that dispenses clouds and creates sunshine in the soul.”  
—Richelle E. Goodrich


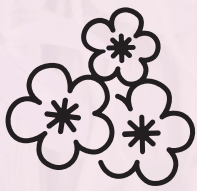


“Let there always be a bright spot in your heart for the people around you. They might need a bit of sunshine.”  
—Ron Baratono

“Wherever you go, no matter what the weather, always bring your own sunshine.”  
—Anthony J. D’Angelo

“Daisies are like sunshine to the ground.”  
—Drew Barrymore

“Don’t let the shadows of yesterday spoil the sunshine of tomorrow. Live for today.”  
—Nandina Morris

# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
				<b>2nd Floor Hallway Cleaning</b> 11 a.m.		<i>A Compliment Is Something Like a Kiss Through a Veil.</i> ~Victor Hugo
5	6	7	8	9	10	11
	<i>A Smile Is the Light in Your Window That Tells Others That There Is a Caring, Sharing Person Inside.</i> ~Denis Waitley	<b>9th Floor Inspections</b> 1:30 - 3 p.m.		<b>5th Floor Vents</b> 11 AM		
12	13	14	15	16	17	18
		<i>Remember that the most valuable antiques are dear old friends.</i> ~H. Jackson Brown, Jr.	<b>EXTERMINATOR</b> 9 a.m.	<b>1st Floor Hallway Cleaning</b> 11 a.m.	<b>Brunch Delivery</b> 10:30 ~ 11 a.m.	
19	20	21	22	23	24	25
		<b>8th Floor Inspections</b> 1:30 - 3 p.m.		<b>4th Floor Vents</b> 11 AM	<i>The Most Violent Element in Society Is Ignorance.</i> ~Emma Goldman	
26	27	28	29	30	31	
<i>People May Hear Your Words, But They Feel Your Attitude.</i> ~John C. Maxwell	<b>OFFICE CLOSED</b>			<b>12th Floor Hallway Cleaning</b> 11 a.m.	<b>PANCAKE Breakfast</b> 9 - 10:15 am	