



Interfaith Towers

Community News

April 2024

Manager's Corner

MANAGER'S CORNER

Spring is here in all its glory! Our very best wishes to all for a happy, healthy spring full of smiles, laughter and beautiful weather!

It is once again time to submit your air conditioner contracts for the coming season. The contract season begins May 1st and runs through the end of October. Contracts are due in the office by the end of April and the surcharges begin May 1st. If you have any questions, stop by or call the office and we will be happy to assist you.

Wishing you all a wonderful month of April!

~Mary and your Staff of Interfaith Towers

Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!



The Rhythm of Spring

"It is spring again. The Earth is like a child that knows poems by heart." —Rainer Maria Rilke



Staff

- Mary Scileppi**
Property Manager
- Linda Gorzka**
Administrative Assistant
- Jessica DeGarmo**
Resident Advisor
- Roy Charter**
Superintendent
- Timothy Evans**
Maintenance/Custodial

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Important Numbers

- Office (845) 452-1172
- Office FAX (845) 452-0106
- Emergency Pager . (845) 431-6636

Wipe Your Feet

April's spring showers are sure to leave behind slippery puddles. While you're out and about, be mindful of wet areas and be sure to wipe your feet before entering buildings. Slick surfaces create fall hazards, so help everyone stay safe this spring by taking a moment to dry your shoes.



Budget Tip: Let's Do Lunch

When planning to dine out with friends or family, choose lunch over dinner when schedules permit. Many menus offer the same selections at lunchtime for a significantly lower price.



Trivia Whiz

Go Bananas!

Americans are all smiles when it comes to bananas. They are the most-consumed fruit in the country, with 96% of households buying bananas at least once a month. Enjoy this bunch of facts about the sunny yellow fruit:

In the U.S., the average person eats nearly 27 pounds of bananas every year.

Bananas don't actually grow on trees. They are massive herbs and can reach a full height of 30 feet.

The fruits grow in large clusters called hands, and each single banana is a finger!

Of the 1,000-plus varieties, Cavendish is the most common banana sold in grocery stores.

Known as a source of potassium, bananas are also high in fiber, vitamin B6 and vitamin C.



APRIL BIRTHDAYS

- April 5 Rose Hart
- April 6 Steven Green
- April 6 Barbara Williams Brown
- April 12 Lewis Hendrix
- April 12 Michael May
- April 13 Dennis Mosley
- April 15 Jessica DeGarmo
- April 16 Leila Moody
- April 16 Glaister Murray
- April 17 Patricia Morzan
- April 19 Stanley Washington
- April 20 Mary Souser
- April 24 Carol Pitcher
- April 26 Cristina Colaizzi
- April 28 Terry Walker
- April 29 Maria Sambolin

Happy Birthday with wishes for countless blessings throughout the coming year!

RESIDENT ADVISOR'S COLUMN

A glimpse of lightning indicates a storm is near, but the thunder can tell you exactly how far away it is. After you see lightning, count the seconds until you hear the boom of thunder, then divide the number of seconds by 5 to find out how many miles away the lightning originated. If the storm is 6 miles away or closer, the National Weather Service recommends taking cover indoors. Call or stop by the office for an appointment. Jessie



Welcome Home

4/1 ~ Sadie Cooke~ Apt. 4E

Wishing you many years of good health & happiness in your new home!

~*~*~*~*~*~*~*~*~*~*~*~*



Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the Community Room. Please be sure to sign up before noon the day before the meal you select.





OMELET BREAKFAST!

An Omelet Breakfast is scheduled for
Friday, April 26th
9:00 ~ 10:15 a.m.

Breakfast will be available to-go for those not comfortable staying in a congregate setting to eat.

The menu will include:

Omelets

Hash Browns

Mini Bagels w/Cream Cheese

Fresh Fruit

Orange Juice, Coffee & Tea

Purchase your ticket in the office no later than

Thursday, April 25th. Cost for residents is \$3, and \$5 for Guests (must be present).

Cost doubles the day of the event.



Daisies Greet the Day

Bright and simple, the classic variety of daisy is actually made of two flowers, the rays of white petals and a center cluster of tiny yellow florets. A cousin of the sunflower, the daisy gets its name from the Old English words meaning "day's eye," since its petals close at night and open at dawn.



Fried Fish Lunch Delivery

A Fried Fish Lunch Delivery is planned for
Thursday, April 11th,
delivery between 1:00 and 1:30 p.m.
Lunch will include:

Fried Fish

Potato Salad

Cole Slaw

Cornbread

&

Jello Cake

Sign up in the office, tickets cost
\$3 Residents / \$6 Guests.



See a Solar Eclipse

On April 8, millions of people in the U.S. will have the chance to witness the spectacle of a total solar eclipse, when the moon will pass in front of the sun and darken the sky. This astronomical event will span across the continent from Mexico to northeastern Canada. In the path of totality, the darkness will last up to 4 1/2 minutes, nearly twice as long as the total solar eclipse in 2017. Even those outside the main path can experience a partial eclipse, where the moon will partially block the sun.

Remember, you should never look directly at the sun during an eclipse event. Be sure to wear solar viewing glasses, use approved solar filters on cameras and binoculars, or view the eclipse indirectly with a pinhole camera.



Wit & Wisdom

"So before long we can open the windows wide and let spring in, and we can go out to the park or sit on a hillside and let spring into us."
—Hal Borland

"I feel that it is healthier to look out at the world through a window than through a mirror. Otherwise, all you see is yourself and whatever is behind you."
—Bill Withers

"A smile is the light in your window that tells others that there is a caring, sharing person inside."
—Denis Waitley

"Falling asleep while the rain is clashing down on the window is nature's best lullaby."
—Kim Pape

"Tomorrow morning, when the sun shines through your window, choose to make it a happy day."
—Lynda Resnick

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2	3 <i>"You're Only Here for a Short Visit. Don't Hurry. Don't Worry. And Be Sure to Smell the Flowers Along the Way." ~Walter C. Hagen</i>	4 7th Floor Vents 11 AM	5	6
7	8 	9 <i>"When One Flower Blooms, Spring Awakens Everywhere." ~John O'Donohue</i>	10	11 4th Floor Hallway Cleaning 11 a.m. Fried Fish Lunch Delivery 1:00 ~ 1:30 p.m.	12	13 <i>"The Man Who Has Planted a Garden Feels That He Has Done Something for the Good of the World." ~Charles Dudley Warner</i>
14	15 <i>"Happiness? The Color of It Must Be Spring Green." ~Frances Mayes</i>	16 10th Floor Inspections 1:30 - 3 p.m.	17 EXTERMINATOR 9 a.m.	18 6th Floor Vents 11 AM	19 	20
21	22 Passover Begins at Sundown	23	24 	25 3rd Floor Hallway Cleaning 11 a.m.	26 Omelet Breakfast 9 - 10:15am	27
28	29 <i>"Flowers Always Make People Better, Happier, More Hopeful." ~Luther Burbank</i>	30 9th Floor Inspections 1:30 - 3 p.m.				