



Interfaith Towers

Community News

March 2024

Manager's Corner

Happy Spring!

March is upon us and with it comes the welcome arrival of spring. I think we are all looking forward to warmer weather and the opportunity to get out more. A walk or just sitting outside for a spell on a sunny day can help keep you sunny on the inside!

Our event for the month of March is our annual St. Patrick's Day Dinner delivery. This is one event you don't want to miss. Be sure to sign up early!

Wishing you and yours a happy, healthy month.

~ Mary and your Staff of Interfaith Towers



Spare a Moment for Sparrows

Cheep along with our small, feathered friends on March 20 for World Sparrow Day!



Springing Into the Season

With their trumpet-shaped blooms, daffodils announce the arrival of spring. The bright yellow and white flowers are one of the season's first and among the few plants that can grow through the snow. According to a Welsh legend, if you see the first daffodil, your year ahead will be filled with wealth.

Staff

Mary Scileppi
Property Manager
Linda Gorzka
Administrative Assistant
Jessica DeGarmo
Resident Advisor
Roy Charter
Superintendent
Timothy Evans
Maintenance/Custodial

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Important Numbers

Office (845) 452-1172
Office FAX (845) 452-0106
Emergency Pager . (845) 431-6636



Be Neighborly

Make it a beautiful day in your neighborhood by celebrating Won't You Be My Neighbor Day on March 20, the birthday of Fred Rogers. The day honors the legacy of the beloved host of the children's TV series "Mister Rogers' Neighborhood."



Girl Scout Cookies

Who doesn't love Girl Scout Cookies? It's that time of year again, and colorful boxes of the tasty treats will be showcased at booths in and around our community. Please support our local troops by buying a box—or two or three!



Trivia Whiz

Brilliant Bagpipes

The solemn, reedy sound of bagpipe music has been beloved for thousands of years. Celebrate International Bagpipe Day on March 10 by humming along to these facts:

Bagpipes are the national instrument of Scotland.

Historically, bagpipes were played while military forces marched into battle. Today, they're still associated with honor and patriotism.

The most frequently played tune on the pipes is "Scotland the Brave," followed by "Amazing Grace" and "Auld Lang Syne."

Bagpipes can play nine notes but only have one pitch, meaning there are no sharps or flats.

Pipers often wear earplugs, since just one set of bagpipes reaches a volume of between 115 and 121 decibels—as loud as a chainsaw!

Happy Birthday



MARCH BIRTHDAYS

- March 7 Laura Forman
- March 8 Gwendolyn Spencer Taylor
- March 9 William Bacon
- March 14 Rosetta Roberts
- March 18 Dana Cramer
- March 21 Syedreza Seyedfaghieh
- March 30 Stuart Ballinger
- March 31 Roger Bronson

Happy Birthday with wishes for countless blessings throughout the coming year!

RESIDENT ADVISOR'S COLUMN

Daylight saving time begins at 2 a.m., on the second Sunday in March. Be sure to "spring forward" the night before by setting your clocks an hour ahead, and consider going to bed early to help you rise and shine on Sunday morning instead of sleeping in. If you need to set up an appointment with me, please call or stop by the office. Jessie



Welcome Home



3/1 ~ Pauline Hanniford~ Apt. 3G

3/1 ~ Stanley Washington ~ Apt. 3C

Wishing you many years of good health & happiness in your new home!

~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*~*



Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the Community Room. Please be sure to sign up before noon the day before the meal you select.



PANCAKE BREAKFAST

A Pancake Breakfast is scheduled for
THURSDAY, March 28th

9:00-10:15 a.m.

Breakfast will be available to-go for those not comfortable staying in a congregate setting to eat.

The menu will include:

Pancakes

Scrambled Eggs

Bacon & Sausage

Fresh Fruit

Pastry

Orange Juice, Coffee & Tea

Purchase your ticket in the office no later than Weds., March 27th. Cost for residents is \$3, and \$5 for guests (Must be present). Cost doubles the day of the event.



Your Home Is Your Castle

"A home is a kingdom of its own in the midst of the world, a stronghold amid life's storms and stresses, a refuge, even a sanctuary." —Dietrich Bonhoeffer



St. Patrick's Day Dinner Delivery Happy St. Patrick's Day!

A Corned Beef & Cabbage dinner delivery is planned for Fri., March 15th.

The meal will include:

Corned Beef

Cabbage

Carrots, Potatoes & Onions

Irish Soda Bread

& Carrot Cake

Delivery of the meal will be between 2:30 ~ 3:00 p.m.

Cost is \$3/residents and \$10/Guests (Limit of one guest per resident).

Sign up in the office by 3/14; the price doubles the day of the event.



An Irish Wish

"May your thoughts be as glad as the shamrocks. May your heart be as light as a song. May each day bring you bright, happy hours that stay with you all the year long." —Irish saying



Wit & Wisdom

"Life is a painting, and you are the artist. You have on your palette all the colors in the spectrum."
—Paul J. Meyer

"If I could say it in words, there would be no reason to paint."
—Edward Hopper

"Painting is just another way of keeping a diary."
—Pablo Picasso

"I don't paint dreams or nightmares, I paint my own reality."
—Frida Kahlo

"I paint as a way of looking for myself in the world."
—Amy Sberald

"Life is a great big canvas; throw all the paint you can at it."
—Danny Kaye

"You can't sit around and wait for somebody to say who you are. You need to write it and paint it and do it."
—Faith Ringgold

March 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March

*I Suppose the Best Kind of Spring Morning Is the Best Weather God Has to Offer.
~Dodie Smith*

*Don't Wait for Someone to Bring You Flowers. Plant Your Own Garden and Decorate Your Own Soul.
~Luther Burbank*

12th Floor Inspections
1:30 - 3 p.m.

9th Floor Vents
1 p.m.

Spring is in the air



*It Is Spring Again. The Earth Is Like a Child That Knows Poems by Heart.
~Rainer Maria Rilke*

5th Floor Recon
7 a.m.

St. Patrick's Day Dinner Delivery
2:30 - 3:00 p.m.

*When Spring Came, Even the False Spring, There Were No Problems Except Where to Be Happiest.
~Ernest Hemingway*



*The Flowers of Late Winter and Early Spring Occupy Places in Our Hearts Well Out of Proportion to Their Size.
~Gertrude S. Wister*



EXTERMINATOR
9 a.m.

8th Floor Vents
1 p.m.

11th Floor Inspections
1:30 - 3 p.m.

Palm Sunday 24/31

*The Deep Roots Never Doubt Spring Will Come.
~Marty Rubin*

Pancake Breakfast
9 - 10:15am

GOOD FRIDAY 29

OFFICE CLOSED

EASTER