

# Interfaith Towers

Community News

October 2023

## Manager's Corner

### Take in the Sights

October is one of the prettiest months Mother Nature brings us. Take time to enjoy the changing leaves in all their brilliant colors.

The days are growing shorter, there's a crispness in the air and the trees are wearing gorgeous new colors—yes, fall is officially here! Enjoy the cooler days ahead!

Wishing you all a happy, healthy month of October!

~Mary & your staff  
of Interfaith Towers



### Apples for October

It's National Apple Month! Not only is it the perfect time for a warm, fragrant glass of apple cider or bundling up and going apple picking, but Oct. 31 also celebrates Caramel Apple Day.

### A Sport for Everyone

Sports fans are sure to be animated this month. With football in full swing, baseball playoffs in motion and the new basketball and hockey seasons beginning, there's plenty of excitement to go around!

### Staff

**Mary Scilleppi**  
Property Manager

**Linda Gorzka**  
Administrative Assistant

**Jessica DeGarmo**  
Resident Advisor

**Roy Charter**  
Superintendent

**Timothy Evans**  
Maintenance/Custodial

### Office Hours

Monday–Friday ..... 8 a.m.–4 p.m.

### Important Numbers

Office ..... (845) 452-1172

Office FAX ..... (845) 452-0106

Emergency Pager . (845) 431-6636



### Movies in the '80s

Can you guess which film genre dominated the box office in the 1980s? Comedies! They earned a whopping \$20 billion throughout the decade.





## Trivia Whiz

### Savvy About Superstitions

How many of these common superstitions are you familiar with?

Prevent jinxing yourself by knocking on wood. Old legends say that good spirits reside in trees, and touching the wood shows gratitude or seeks protection.

Sporty superstitions include lucky clothing that cannot be washed, growing out a beard to compete better during playoffs, or eating a specific meal to win a game.

Having a cricket in your home is seen as a sign of good fortune. That is, if you can get past the constant chirping!

If a penny is found heads up, then grab it for good luck. But if it's heads down, better leave it on the ground.

Rub that lucky rabbit's foot! This symbol of good luck dates back to the 16th century.



### OCTOBER BIRTHDAYS

- Oct. 2 John Kotch
- Oct. 3 Elmer Klein
- Oct. 7 Leonard Bishop
- Oct. 11 James Brillmayer
- Oct. 12 Karen Thomas
- Oct. 18 Gwendoline Pelage Lewis
- Oct. 22 Hector DeJesus
- Oct. 30 Pamela Douglas
- Oct. 30 Juan Oramas
- Oct. 31 Susan Brown

*Happy Birthday with wishes for countless blessings throughout the coming year!*

### RESIDENT ADVISOR'S COLUMN

During cold and flu season, please remember that washing your hands frequently is important to help prevent the spread of germs. Lather your hands with plenty of soap and scrub for 20 seconds. Let's all do our part to stay healthy this season! If you need to set up an appointment please call or stop by the office, Jessie



## Welcome Home

10/1 ~ Carl Hyde ~ Apt. 5J

10/1 ~ Ray Thomison ~ Apt. 6L

~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*

**We wish you many years of good health and happiness in your new home!**

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### Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the Community Room. Please be sure to sign up before noon the day before the meal you select.

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### OMELET BREAKFAST!

An Omelet Breakfast is scheduled for  
*Friday, October 27th*  
9:00 ~ 10:15 a.m.

Breakfast will be available to go for those not comfortable staying in a congregate setting to eat.  
The menu will include:

**Omelets**

**Hash Browns**

**Mini Bagels w/Cream Cheese**

**Fresh Fruit**

**Orange Juice, Coffee & Tea**

Purchase your ticket in the office no later than

October 26th. Cost for residents is \$3 and

\$5 for Guests (must be present).

**Cost doubles the day of the event.**



### Pot Roast Dinner Delivery

A Pot Roast Dinner Delivery is planned for  
Friday, October 13th;  
delivery between  
2 ~ 2:30 p.m.

The menu will include:

Pot Roast

Potatoes, Carrots,

Onions

Cottage Cheese

Dinner Roll

&

Spice Cake

Sign up in the office no later than  
Thursday, October 12th. Cost is \$5 /  
Residents and \$10 / Guests.

Remember, **the cost doubles the day of the event.** Guests are limited to one per resident and resident must be present.



### Wit & Wisdom

"Leaves sway sharp,  
and through the  
shadow-swallowed  
tree-tops the low  
nocturnal music of the  
wind makes magic of  
the vast night."  
—James Oppenheim

"Time flies over us,  
but leaves its  
shadow behind."  
—Nathaniel  
Hawthorne

"The poet is like the  
Earth's shadow.  
The sun moves, and  
the poet writes  
something down."  
—Eileen Myles

"Hide not your talents.  
They for use were  
made. What's a  
sundial in the shade?"  
—Benjamin Franklin

"Shadow owes  
its birth to light."  
—John Gay

"Keep your face to  
the sunshine and  
you cannot see  
a shadow."  
—Helen Keller

# October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3 "With Realization of One's Own Potential and Self-confidence in One's Ability, One Can Build a Better World." Dalai Lama	4	5 7th Floor Vents 1 p.m.	6	7 
8	9 Columbus Day  OFFICE CLOSED	10	11	12 3rd Floor Recon 7 a.m.	13 POT ROAST DINNER DELIVERY 2-2:30 PM	14
15	16	17 4th Floor Inspections 1:30 - 3 p.m.	18	19 6th Floor Vents 1 p.m.	20	21 "When You Think Positive, Good Things Happen." Matt Kemp
22 	23	24	25	26 2nd Floor Recon 7 a.m.	27 Omelet Breakfast 9 - 10:15 am	28
29	30	31 	<h1>October</h1>			