



Interfaith Towers

Community News

April 2023

From the Desk of...

MANAGER'S CORNER

Spring is here in all its splendor! Our very best wishes to all for a happy, healthy Spring full of smiles, laughter and beautiful weather!

It is once again time to submit your air conditioner contracts for the coming season. The contract season begins May 1st and runs through the end of October. Contracts are due in the office by the end of April and the surcharges begin May 1st. If you have any questions, stop by or call the office and we will be happy to assist you.

Wishing you all a wonderful month of April!

~Mary and your Staff
of Interfaith Towers



Woven Through Time

As one of the oldest handicrafts known to humankind, baskets have been there for us since the beginning of civilization, used to store and carry food, tools and even children! In many cultures, baskets have an artistic and practical purpose, with meaningful patterns and symbols woven into the design. In modern life, baskets are a simple and timeless way to corral clutter, display flowers or wrap a gift.



Positive Thought

"The Earth is what we all have in common." —Wendell Berry

Staff

Mary Scileppi
Property Manager

Linda Gorzka
Administrative Assistant

Jessica DeGarmo
Resident Advisor

Roy Charter
Superintendent

Timothy Evans
Maintenance/Custodial

Office Hours

Monday-Friday 8 a.m.-4 p.m.

Important Numbers

Office (845) 452-1172

Office FAX (845) 452-0106

Emergency Pager . (845) 431-6636



A Tree-mendous Holiday

The planet is home to more than 3 trillion trees, but there's room for more. Over a century since Arbor Day was inaugurated, the national holiday on the last Friday in April continues to celebrate the planting and preserving of trees.



Time for Tulips

A signal of spring's arrival is the annual appearance of tulips, one of the most popular flowers. After bulbs are planted in the fall and spend the winter being dormant, their perfectly shaped petals, atop long green stems, emerge as showstopping blooms.



Trivia Whiz

Animal Cracker Fun

Crispy, sweet and fun to eat, animal crackers are a classic snack. In honor of National Animal Cracker Day on April 18, hike through this jungle of fun facts:

Animal crackers were originally only sold in bulk containers called "cracker barrels."

Snack brand Nabisco introduced the now-familiar carton of animal crackers in 1902, selling them for a whopping 5 cents. Due to the popularity of the circus, they named the product "Barnum's Animals."

More than 50 different animals have been featured over the years. The only critters that have stayed steadily in production are bears, elephants, lions and tigers.

A single bushel of wheat can make about 245 boxes of Barnum's Animals.



APRIL BIRTHDAYS

- April 4 Mary Johnson
- April 5 Rose Hart
- April 6 Barbara Williams Brown
- April 12 Lewis Hendrix
- April 12 Michael May
- April 13 Dennis Mosley
- April 15 Jessica DeGarmo
- April 16 Leila Moody
- April 16 Glaister Murray
- April 17 Patricia Morzan
- April 20 Mary Souser
- April 24 Carol Pitcher
- April 26 Cristina Colaizzi
- April 28 Terry Walker
- April 29 Maria Sambolin

Happy Birthday with wishes for countless blessings throughout the coming year!

RESIDENT ADVISOR'S COLUMN

The arrival of spring means warmer weather is on its way, but there are plenty of cool days left as the seasons change. Be prepared for fluctuating temperatures by dressing in layers, which you can remove if you get warm and put back on if you get chilly. Also be sure to wear secure footwear and to grab an umbrella before leaving on outings.



Welcome Home

4/1 ~ Joanne Jones ~ Apt. 11J

~*~*~*~*~*~*~*~*~*

We wish you many years of good health and happiness in your new home!

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Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the Community Room. Please be sure to sign up before noon the day before the meal you select.





OMELET BREAKFAST!

An Omelet Breakfast is scheduled for
Friday, April 28th
9:00 ~ 10:15 a.m.

Breakfast will be available to go for those not comfortable staying in a congregating setting to eat.

The menu will include:

Omelets

Hash Browns

Mini Bagels w/Cream Cheese

Fresh Fruit

Orange Juice, Coffee & Tea

Purchase your ticket in the office no later than

April 27th. Cost for residents is \$3 and \$5 for Guests (must be present).

Cost doubles the day of the event.



Just Peachy

When early American settlers had a craving for peach pie, they "cobbled" together biscuit ingredients over a fruity filling, resulting in a tasty treat with a crust that resembled a cobblestone street. Nowadays, peach cobbler is a traditional Southern dessert that's enjoyed all over the country. Dig into a serving on April 13, National Peach Cobbler Day.



Fried Fish Lunch Delivery

A Fried Fish Lunch Delivery is planned for
Thursday, April 13th,
delivery between 1:00 and 1:30 p.m.

Lunch will include:

Fried Fish

French Fries

Cole Slaw

Cornbread

&

Jello Cake

Sign up in the office, tickets cost
\$3 Residents / \$6 Guests.



Self-Care Corner: Sparkle and Shine

Spring cleaning as self-care? Mental health experts say so. Since our surroundings have a huge impact on our outlook, creating a clean, tidy space can banish a bad mood, help us sleep better and even count as cardio. If you need a quick boost, focus on one task such as putting fresh sheets on your bed or organizing a kitchen drawer.



Wit & Wisdom

"The sky is always beautiful. Even when it's dark or rainy or cloudy, it's still beautiful to look at ... and it'll be there no matter what."

—Colleen Hoover

"Trees are poems that the earth writes upon the sky."

—Kahlil Gibran

"The sky takes on shades of orange during sunrise and sunset, the color that gives you hope that the sun will set only to rise again."

—Ram Charan

"Look at your feet. You are standing in the sky. When we think of the sky, we tend to look up, but the sky actually begins at the earth."

—Diane Ackerman

"Every time I see the sunshine in the bright blue sky, I cannot help but think how blessed I really am to see another day."

—Donna Karan

April 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April

*"To Plant a Garden
Is to Believe in
Tomorrow."
~Audrey Hepburn*

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|-------------------------|--|---|-------------------------------|---|---------------------------|--|---|
| | | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | GOOD FRIDAY | 7 | 8 |
| <i>Palm SUNDAY</i> | | <i>"When One Flower Blooms, Spring Awakens Everywhere." ~John O'Donohue</i> | PASSOVER | 7th Floor Vents 1 p.m. | OFFICE CLOSED | | |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 | |
| <i>HAPPY Easter</i> | | 9th Floor Inspections 1:30 - 3 p.m. | | 4th Floor Recon 7 a.m. ~*~*~ Fried Fish Lunch Delivery 1 ~ 1:30 p.m. | | <i>"Happiness? The Color of It Must Be Spring Green." ~Frances Mayes</i> | |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 | |
| | <i>"Flowers Always Make People Better, Happier, More Hopeful." ~Luther Burbank</i> | | EXTERMINATOR 9 a.m. | 6th Floor Vents 1 p.m. | | <i>Earth Day</i> | |
| 23/30 | 24 | 25 | 26 | 27 | 28 | 29 | |
| | | <i>"Happiness Held Is the Seed. Happiness Shared Is the Flower." ~John Harrigan</i> | | 3rd Floor Recon 7 a.m. | Breakfast 9 - 10:15 am | | |