



Interfaith Towers

Community News

October 2022



Manager's Corner

The days are growing shorter, there's a crispness in the air and the trees are wearing gorgeous new colors—yes, fall is officially here! Enjoy the cooler days ahead!

In preparation for the colder weather, Roy and Tim will come through during the month of October to cover your air conditioners. Unless needed for medical reasons, the covers will be secured and remain in place until the end of April, keeping you warm and cozy during the winter months.

Wishing you all a happy, healthy month of October!

~Mary & your staff
of Interfaith Towers

Breathe in Fall Fragrances

Surround yourself with the fragrances of fall by looking for scented products in woody or spicy aromas, such as cinnamon, clove, eucalyptus, juniper berry, patchouli or pine.



Fall Splendor

In many parts of the country, brilliant autumn leaves are on display during nature's annual art show. Weather patterns throughout the year play a big part in how vibrant the colors will be. A warm, rainy spring; mild summer; and a fall with sunny days and crisp, cool nights are the ideal conditions for creating a colorful palette.

Staff

Mary Scileppi

Property Manager

Linda Gorzka

Administrative Assistant

Jessica DeGarmo

Resident Advisor

Roy Charter

Superintendent

Timothy Evans

Maintenance/Custodial

Office Hours

Monday–Friday 8 a.m.–4 p.m.

Important Numbers

Office (845) 452-1172

Office FAX (845) 452-0106

Emergency Pager . (845) 431-6636



Owl You Aware?

The world is home to more than 200 species of owls, which are categorized into two families. Most are typical owls, which have round faces, and 20 species are barn owls, characterized by their heart-shaped faces.



Nibble and Sip

Cheese with sliced apples, or even a slice of apple pie, is a classic pairing. Apply this same logic when sipping on apple cider. Foodies suggest brie, cheddar, gouda and blue cheese to bring out the bold flavors of the crisp fall beverage.



Trivia Whiz

Dino-mite Details

On movie screens, in museums and textbooks, and as children's toys, dinosaurs are captivating creatures. Unearth these incredible facts about the prehistoric animals:

Dinosaurs lived during the Mesozoic Era, also called the Age of Reptiles, which began over 250 million years ago and ended 66 million years ago.

In comparison, humans have only been around for 200,000 years.

Scientists have identified around 700 different dinosaur species. The first discovery was made in 1676.

Dinosaur fossils have been found on every continent.

Though they're known for their enormous size, the average dinosaur was about the size of a car.



Happy Birthday

OCTOBER BIRTHDAYS

- Oct. 3 Elmer Klein
- Oct. 7 Leonard Bishop
- Oct. 11 James Brillmayer
- Oct. 12 Karen Thomas
- Oct. 18 Gwendoline Pelage Lewis
- Oct. 30 Pamela Douglas
- Oct. 30 Juan Oramas
- Oct. 31 Susan Brown

Happy Birthday with wishes for countless blessings throughout the coming year!



RESIDENT ADVISOR'S COLUMN

Happy Fall y'all!

For the maximum protection, it's important to get a flu shot early in the season. The Centers for Disease Control and Prevention advises that the flu vaccine is especially critical for people 65 years and older since they are at high risk of developing serious complications from the flu. Contact your Doctor or local Pharmacy to schedule your flu shot.

If you need my assistance, please stop by or call the office to set up an appointment.

Jessie

Welcome Home

10/1 ~ Talbot Johnson ~ Apt. 6D

10/1 ~ Lorraine Mondo ~ Apt. 3L

10/1 ~ Karen Thomas ~ Apt. 4D

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We wish you many years of good health and happiness in your new home!

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Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. Residents must register with the Office for the Aging.

Congregate meals are available Monday-Friday at noon in the Community Room. Suggested donation is \$3.00. Congregate meal sign-up sheets are on the left side bulletin board as you enter the community room. Please be sure to sign up before noon the day before the meal you select.





Wit & Wisdom

"Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale."

—Lauren DeStefano

"Autumn's the mellow time."

—William Allingham

"It was one of those perfect fall days when the air is cool enough to wake you up but the sun is also kissing your face."

—Anita Diamant

"Life starts all over again when it gets crisp in the fall."

—F. Scott Fitzgerald

"Two sounds of autumn are unmistakable ... the hurrying rustle of crisp leaves blown along the street ... and the gabble of a flock of migrating geese."

—Hal Borland

"I can smell autumn dancing in the breeze. The sweet chill of pumpkin, and crisp sunburnt leaves."

—Ann Drake

"It was a beautiful bright autumn day, with air like cider and a sky so blue you could drown in it."

—Diana Gabaldon



Beef Stew Dinner Delivery

A Beef Stew Dinner Delivery

is planned for

Friday, October 14th

delivery between

2 ~ 2:30 p.m.

The menu will include:

Beef Stew

Cottage Cheese

Corn Bread

&

Apple Pie

Sign up in the office no later than

Thursday, October 13th. Cost is \$3 /

Residents and \$6 / Guests

Remember, the cost doubles the day of the event and Guests must be present.



PANCAKE BREAKFAST

A Pancake Breakfast is scheduled for

Friday, October 28th, 9:00-10:15 a.m.

Breakfast will be available to-go for

those not comfortable staying in a

congregate setting to eat.

The menu will include:

Pancakes

Scrambled Eggs

Bacon & Sausage

Fresh Fruit

Pastry

Orange Juice, Coffee & Tea

Purchase your ticket in the office no

later than

October 27th. Cost for residents is \$3,

and \$5 for guests

(Must be present). Cost doubles the day of the event.



Wit & Wisdom

Wild World: Great Horned Owl

The great horned owl is the most common owl in North and South America, and also one of the most recognizable, thanks to the feather tufts on its head that resemble horns or pointed ears. Their familiar "who-who" call is most often heard just after sunset or just before dawn. They nest in tree holes and stumps, caves, abandoned nests, and man-made structures such as bridges or barns. With a wingspan of 3 to nearly 5 feet, great horned owls are powerful hunters, eating a large variety of animals, including rabbits, squirrels, ducks and other birds. They have no natural predators and can live up to 15 years in the wild.



October 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



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2	3	4	5	6	7	8
 BREAST CANCER AWARENESS	SEP 9 a.m.	YOM KIPPUR Begins at Sundown		9th Floor Recon 7 a.m.	SEP 9 a.m.	Private Party 4pm-8pm
9	10	11	12	13	14	15
	Columbus Day OFFICE CLOSED			7th Floor Vents 1 p.m.	Beef Stew Dinner Delivery 2 ~ 2:30 p.m. ~~~~~ SEP 9 a.m.	
16	17	18	19	20	21	22
	SEP 9 a.m.	3rd Floor Inspections 1:30 - 3 p.m.	EXTERMINATOR 9 a.m.	10th Floor Recon 7 a.m.	SEP 9 a.m.	
23/30	24/31	25	26	27	28	29
	SEP 9 a.m. HALLOWEEN			6th Floor Vents 1 p.m.	Pancake Breakfast 9 - 10:15 am	