

# Interfaith Towers

Community News

April 2022

## Manager's Corner

Spring is here in all its splendor! Our best wishes to all for a happy, healthy Spring full of smiles, laughter and beautiful weather!

It is once again time to submit your air conditioner contracts for the coming season. The contract season begins May 1st and runs through the end of October. Contracts are due in the office by the end of April and the surcharges begin May 1st. If you have any questions, stop by or call the office and we will be happy to help you.

Wishing you all a wonderful month of April!

~Mary and your Staff  
of Interfaith Towers

### Dance Like No One Is Watching

"We're fools whether we dance or not, so we might as well dance." —Japanese proverb



### Pave a Positive Path

"Let us choose for ourselves our path in life, and let us try to strew that path with flowers." —Emilie du Chatelet



### Spring Scents

From blooming flowers to fresh-cut grass, the scents of spring are in the air now. Studies show that getting a whiff of these aromas can make you feel calm and happy.

**Staff**  
**Mary Scileppi**  
Property Manager  
**Linda Gorzka**  
Administrative Assistant  
**Jessica DeGarmo**  
Resident Advisor  
**Roy Charter**  
Superintendent  
**Timothy Evans**  
Maintenance/Custodial

**Office Hours**  
Monday-Friday ..... 8 a.m.-4 p.m.

**Important Numbers**  
Office ..... (845) 452-1172  
Office FAX ..... (845) 452-0106  
Emergency Pager . (845) 431-6636



### Slip on Shades

Ward off seasonal allergy symptoms by wearing wraparound sunglasses when you are outside. Doctors say the shades can help block airborne allergens from getting into your eyes.

### Wipe Your Feet

April's spring showers are sure to leave behind slippery puddles. While you're out and about, be mindful of wet areas and be sure to wipe your feet before entering the building. Slick surfaces create fall hazards, so help everyone stay safe this spring by taking a moment to dry your shoes.

### Go Greener With Salads

When you have a choice for salad greens, health experts advise the darker, the better. Opt for a variety of dark, leafy greens like kale, spinach, Swiss chard and watercress, which are high in vitamins and minerals.



## Trivia Whiz

### Branch Out With These Facts About Trees

Many of us have spent time sitting in the shade of a tree, climbing its branches or simply admiring its beauty.

The world is home to around 3 trillion trees. Each year, about 5 billion new trees are planted or sprout naturally.

A lush, green tree is a symbol of a healthy environment. Trees help the Earth by filtering the air, releasing oxygen, improving water quality, cooling the planet, and providing shelter and food for wildlife.

Besides many fruits and nuts, other foods that come from trees include chocolate, cinnamon, coffee and tea.

This year is the 150th anniversary of the first Arbor Day, which was held in Nebraska on April 10, 1872.



### APRIL BIRTHDAYS

- April 4 Mary Johnson
- April 5 Rose Hart
- April 6 Barbara Williams Brown
- April 12 Lewis Hendrix
- April 12 Michael May
- April 13 Dennis Mosley
- April 14 Wanda Traver
- April 15 Jessica DeGarmo
- April 16 Leila Moody
- April 16 Glaister Murray
- April 17 Patricia Morzan
- April 20 Mary Souser
- April 24 Carol Pitcher
- April 26 Cristina Colaizzi
- April 28 Terry Walker

*Happy Birthday with wishes for countless blessings throughout the coming year!*

### RESIDENT ADVISOR'S CORNER

#### APRIL SHOWERS BRING MAY FLOWERS!

Spring is in the air!

As the weather gets nicer and the flowers begin to bloom, we can start to enjoy the great outdoors.

As always, if you need assistance with anything, please call the office for an appointment.

~ Jessie



## Welcome Home

4/1 ~ Nancy Greene ~ Apt. 2K

**We wish you many years of good health and happiness in your new home!**

~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*

### Positive Thought

"The single act of kindness throws out roots in all directions, and the roots spring up and make fresh trees." — Frederick William Faber



### Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. *\*Please note that The Office for the Aging has suspended all congregate meals until further notice. Home-delivered meals will continue to be provided to all residents registered with the Office for the Aging.*





### **PANCAKE BREAKFAST!**

Our very first Pancake Breakfast since the start of COVID-19 is scheduled for *Friday, April 29th, 9:00 ~ 10:15 a.m.*

It has been a long time since we have been able to get everyone together! We look forward to seeing all of your smiling faces. Masks are strongly encouraged, but can be removed while eating. Breakfast will be available to-go for those not comfortable staying in a congregate setting to eat. Please note that we have changed the time and cost of tickets for this monthly event.

The menu will include:

- Pancakes**
- Scrambled Eggs**
- Bacon & Sausage**
- Fresh Fruit**
- Pastry**

### **Orange Juice, Coffee & Tea**

Purchase your ticket in the office no later than April 28th. Cost for residents is \$3 and \$5 for Guests (must be present). Cost doubles the day of the event.



### **AIR CONDITIONER CONTRACTS**

It's time once again to submit your air conditioner contracts for the upcoming summer months. A new contract is required each year. Surcharges for the season begin in May and can be included in your monthly rent check. If you have questions or need help filling out your contract, please let us know in the office and we'll be happy to help.



### **Chili Lunch Delivery**

A Chili Lunch Delivery is planned for Thursday, April 14th, delivery between 1:00 and 1:30 p.m.

Lunch will include:

- Homemade Chili**
- w/sides of**
- Grated Cheddar Cheese**
- Diced Onion**
- & Sour Cream,**
- Cornbread**
- &**
- Snickerdoodle Cookies**

Sign up in the office, tickets cost \$2 Residents / \$4 Guests.



## **Wit & Wisdom**

"A heart of gold is where the rainbow begins."  
—Tammy L. Kubasko

"The sighting of a rainbow never fails to bring a smile to people's faces. They signify optimism and positivity; with them comes the sunshine after the rain."  
—Matthew Williamson

"Rainbows remind us that even after the darkest clouds and the fiercest winds there is still beauty."  
—Katrina Mayer

"The way I see it, if you want the rainbow, you gotta put up with the rain."  
—Dolly Parton

"Look at the rainbow. It is made up of different colors, yet they do not split, because they know how beautiful they are when they stick together."  
—Michael Bassey Johnson

# April 2022

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April

|                                                                                    |                                                                                                  |                                                                 |                                                                                |                                                                                                      |                                                                                                               |                             |                                                                                                   |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------|---------------------------------------------------------------------------------------------------|
|                                                                                    |                                                                                                  |                                                                 |                                                                                |                                                                                                      |                                                                                                               | 1                           | 2                                                                                                 |
|                                                                                    |                                                                                                  |                                                                 |                                                                                |                                                                                                      |                                                                                                               | <b>FIRST DAY OF RAMADAN</b> | <p>"Spring Is When You Feel Like Whistling Even With a Shoe Full of Slush."<br/>~ Doug Larson</p> |
| 3                                                                                  | 4                                                                                                | 5                                                               | 6                                                                              | 7                                                                                                    | 8                                                                                                             | 9                           |                |
|                                                                                    | <p>"Where Flowers Bloom, So Does Hope."<br/>~ Lady Bird Johnson</p>                              | <p><b>11th Floor Inspections</b><br/>1:30 - 3 P.M.</p>          |                                                                                | <p><b>9th Floor Recon</b><br/>7 a.m.</p>                                                             |                                                                                                               |                             |                                                                                                   |
| 10                                                                                 | 11                                                                                               | 12                                                              | 13                                                                             | 14                                                                                                   | 15                                                                                                            | 16                          |                                                                                                   |
| <b>PALM SUNDAY</b>                                                                 |                |                                                                 | <p>"Spring Is Nature's Way of Saying, 'Let's Party!'"<br/>~ Robin Williams</p> | <p><b>8TH Floor Vents</b><br/>1 p.m.</p> <p>*****</p> <p><b>Chili Luncheon Delivery</b> 1-1:30pm</p> | <p><b>OFFICE CLOSED</b></p> <p>*****</p> <p><b>GOOD FRIDAY</b></p> <p>*****</p> <p><b>PASSOVER BEGINS</b></p> |                             |                                                                                                   |
| 17                                                                                 | 18                                                                                               | 19                                                              | 20                                                                             | 21                                                                                                   | 22                                                                                                            | 23                          |                                                                                                   |
| <b>EASTER</b>                                                                      | <p>"In the Spring, At the End of the Day, You Should Smell Like Dirt."<br/>~ Margaret Atwood</p> | <p><b>9th Floor Inspections</b><br/>1:30 - 3 P.M.</p>           | <b>EXTERMINATOR</b><br>9AM                                                     | <p><b>10th Floor Recon</b><br/>7 a.m.</p>                                                            |                          | <b>PASSOVER ENDS</b>        |                                                                                                   |
| 24                                                                                 | 25                                                                                               | 26                                                              | 27                                                                             | 28                                                                                                   | 29                                                                                                            | 30                          |                                                                                                   |
|  |                                                                                                  | <p>"The Earth Laughs in Flowers."<br/>~ Ralph Waldo Emerson</p> |                                                                                | <p><b>6TH Floor Vents</b><br/>1 p.m.</p>                                                             | <p><b>PANCAKE BREAKFAST</b><br/>9:00 ~ 10:15 a.m.</p>                                                         | <b>RAMADAN ENDS</b>         |                                                                                                   |