



# Interfaith Towers

Community News

February 2022



## Manager's Corner

February is here!

Every Groundhog Day, thousands gather in Punxsutawney, Penn., to receive the prediction of the beloved Punxsutawney Phil. According to tradition, if **Phil sees his shadow** while exiting his burrow, there will be six more weeks of winter. If Phil is not greeted by his shadow, then spring will begin early. I'm sure you are all hoping that the beloved groundhog does not see his shadow!

We'd like to wish all of our residents and their families a very happy Valentine's Day. May your day be extra sweet!

~Mary & your Staff  
of Interfaith Towers

### Cards From the Heart

The earliest surviving Valentine's Day message, a poem, dates from 1415. Victorian-era greetings featured lace and embossed paper, and at that time, it was considered bad luck to sign a Valentine's Day card. Today, more than 1 billion valentines are exchanged each year.

### Stay Home Until You Feel Better

While we love having volunteers, friends, family members and other loved ones spend time at our community, please refrain from visiting if you are feeling under the weather or still recovering from an illness. We take germs and illnesses very seriously in order to protect our residents' health and well-being. Thank you for your understanding and cooperation.

### Staff

**Mary Scileppi**  
Property Manager  
**Linda Gorzka**  
Administrative Assistant  
**Jessica DeGarmo**  
Resident Advisor  
**Roy Charter**  
Superintendent  
**Timothy Evans**  
Maintenance/Custodial

### Office Hours

Monday-Friday ..... 8 a.m.-4 p.m.

### Important Numbers

Office ..... (845) 452-1172  
Office FAX ..... (845) 452-0106  
Emergency Pager . (845) 431-6636



### Crowning Achievement

This month marks seven decades that Queen Elizabeth II has reigned over the United Kingdom. She took the throne on Feb. 6, 1952, at age 25, and has served longer than any other British monarch. The U.K. will celebrate the first-ever Platinum Jubilee, marking 70 years, in June.

### Love and Be Loved

"How you love yourself is how you teach others to love you."  
—Rupi Kaur



### Month of Games

All eyes are on athletes this month, with many major sporting competitions taking place. The Winter Olympics run from Feb. 4 to Feb. 20; Super Bowl LVI will be Feb. 13; and Feb. 20 will see both the NBA All-Star Game and the Daytona 500 NASCAR race.



## Trivia Whiz

### Delicious Duos

As friends and couples share the love on Valentine's Day, take a moment to celebrate these duos that finish the phrase, "We go together like ..."

*Peanut butter and jelly.* The classic sandwich first appeared in a cooking magazine in 1901. The average American will eat nearly 3,000 PB&J sandwiches in their lifetime.

*Macaroni and cheese.* It's the comfort food that's so beloved, there's a Crayola color named after it! The largest-ever serving of mac and cheese was cooked in a giant kettle and weighed 2,469 pounds.

*Peas and carrots.* This produce pairing most likely came about because both veggies grow best in cool temperatures, so they're often harvested together in early summer.



### FEBRUARY BIRTHDAYS

February 1	Helen Reed
February 2	Barbara De Seta
February 12	Bertha McDonald
February 14	Carmen Figueras
February 21	Brigitte Wilson
February 23	Carolyn Gonzalez
February 27	Ernesto Melgarejo

*Happy Birthday with wishes for countless blessings throughout the coming year!*

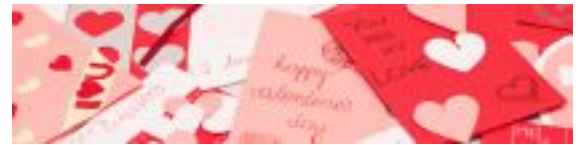
### RESIDENT ADVISOR'S CORNER

Give love, share love and spread love! Not just on Valentine's Day, but every day!

Valentine's Day is an annual festival to celebrate romantic love, friendship and admiration. Every year on February 14th, people celebrate this day by sending messages of love and affection to partners, family and friends.

If you need any assistance, please call to set up an appointment.

~ Jessie



## Welcome Home

2/1 ~ William Brinsky ~ Apt. 7K

We wish you many years of good health and happiness in your new home!

~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*~\*

### Phil's Full Name

Phil, that rodent in Pennsylvania that we look to every Feb. 2, is no ordinary groundhog, and he has the name to prove it. His full title is "Punxsutawney Phil, Seer of Seers, Sage of Sages, Prognosticator of Prognosticators, and Weather Prophet Extraordinary."

### Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. *\*Please note that The Office for the Aging has suspended all congregate meals until further notice. Home-delivered meals will continue to be provided to all residents registered with the Office for the Aging.*





### **Black History Month**

Each February, Americans celebrate Black History Month. This tribute dates back to 1926 and is credited to Harvard scholar Dr. Carter G. Woodson. The observance originally ran one week and included the birthdays of Frederick Douglass and Abraham Lincoln. Since 1976, the contributions of African-Americans have been celebrated for the entire month of February.

### **Happy Valentine's Day**

Valentine's Day is coming, and it reminds us of the people we love the most: you, our residents! And we're not thinking about just hearts and flowers, either. We are committed to making your home here the best ever. Please don't hesitate to let us know if there's anything else we can do to make it that way!



### **Winter Weather Safety**

We want our parking areas and sidewalks to be safe no matter what the weather is like. If you notice slick spots that need to be treated, please let us know.

### **Chili Lunch Delivery**

A Chili Lunch Delivery is planned for Thursday, February 17th, delivery between 1:00 and 1:30 p.m.

Lunch will include:

***Homemade Chili  
w/sides of  
Grated Cheddar Cheese  
Diced Onion  
& Sour Cream,  
Cornbread  
&  
Snickerdoodle Cookies***

Sign up in the office, tickets cost \$2 Residents / \$4 Guests.



### **Face Mask Policy**

When visiting the common areas of our community, please wear a face mask and make sure it covers your nose and mouth. Wearing a mask reduces the risk of spreading infection and helps protect our residents and staff. Thank you for your cooperation.



### **Wit & Wisdom**

"Nothing is more romantic than chocolate."  
—Ted Allen

"Love is like swallowing hot chocolate before it has cooled off. It takes you by surprise at first, but keeps you warm for a long time."  
—Henri Frederic Amiel



"The goal of life is to make your heartbeat match the beat of the universe."  
—Joseph Campbell

"There's a sure shot way to get rid of that frown, when you have some chocolate around."  
—Manali Manan Desai

"When you can't find the silver lining, look for the chocolate lining."  
—Cathy Guisewite

"A kiss makes the heart young again."  
—Rupert Brooke

# February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 "There Is Always Light. If Only We're Brave Enough to See It. If Only We're Brave Enough to Be It." ~Amanda Gorman	2	3 5th Floor Recon 7 a.m.	4 "Don't Sit Down and Wait for the Opportunities to Come. Get Up and Make Them." ~Madam C.J Walker	5
6 "One of the Lessons That I Grew Up With Was to Always Stay True to Yourself and Never Let What Somebody Else Says Distract You From Your Goals." ~Michelle Obama	7	8 11th Floor Inspections 1:30 - 3 P.M.	9 "Always Work Hard and Have Fun in What You Do Because I Think That's When You're More Successful. You Have to Choose to Do It." ~Simone Biles	10 9th Floor Vents 1 p.m.	11	12 <b>American HEART MONTH</b>
13	14 	15	16 EXTERMINATOR 9AM	17 6th Floor Recon 7 a.m.  Chili Lunch Delivery 1 - 1:30 p.m.	18 "All Dreams Are Within Reach. All You Have to Do Is Keep Moving Toward Them." ~Viola Davis	19
20	21 Presidents Day  OFFICE CLOSED	22 "Act as if What You Do Makes a Difference. It Does." ~William James	23	24 8th Floor Vents 1 p.m.	25	26 "Success Is Not Final, Failure Is Not Fatal: It Is the Courage to Continue That Counts." ~Winston Churchill
27 Celebrate <b>BLACK HISTORY</b> Month	28	