



Interfaith Towers

Community News

November 2020

Manager's Corner

*Expressing thanks,
"Appreciation can change a day, even change a life. Your willingness to put it into words is all that is necessary."
~Margaret Cousins*

We are so very appreciative of the collective efforts our Residents have shown as we have navigated through this very difficult year. Together, we've come through it thus far with grace. As the holidays approach, may joy replace the uncertainty the pandemic brought. With thanks, we wish you and yours a happy, healthy Thanksgiving filled with love!

~Mary and your Staff
of Interfaith Towers



Pie Takes the Cake

For many people, Thanksgiving dinner wouldn't be complete without a slice of pie—or two! Pumpkin, apple, pecan, and sweet potato are the top holiday dessert picks, according to surveys.

Staff
Mary Scileppi
Property Manager
Linda Gorzka
Administrative Assistant
Jessica DeGarmo
Resident Advisor
Roy Charter
Superintendent
Timothy Evans
Maintenance/Custodial

Office Hours
Monday-Friday 8 a.m.-4 p.m.

Important Numbers
Office (845) 452-1172
Office FAX (845) 452-0106
Emergency Pager . (845) 431-6636



A Tribute to Veterans

On Veterans Day, Nov. 11, America comes together to honor and thank veterans for their service in the nation's armed forces. We thank and salute all of our veterans.



Family Caregivers

Included in this season of giving thanks is National Family Caregivers Month, which pays tribute to the family members and friends who provide care and support for a loved one in need. The annual observance honors the estimated 45 million caregivers across the U.S.



Trivia Whiz

Acres of Acorn Trivia

Tiny seeds that turn into mighty oak trees, acorns adorn many fall tables as a symbol of the season.

Though size and shape vary depending on the species of oak, acorns are generally round or oval nuts with a woody cap. When ripe, the green nuts turn brown and drop to the ground.

An oak tree doesn't form acorns until it's about 20 years old. A tree that is 70 years old can yield thousands of acorns in one year.

Most oak trees only produce acorns every two to three years.

Animals that love eating acorns include squirrels, deer, mice and many types of birds, which depend on the nutrient-packed seeds for survival.

In folklore, acorns represent wealth and protection.



NOVEMBER BIRTHDAYS

- Nov. 7 Carole Barnard
- Nov. 10 Athanasius Roberts
- Nov. 10 Generosa Rodriguez
- Nov. 12 Ben Murtha
- Nov. 15 Pat Vandemark
- Nov. 19 James Bedore
- Nov. 19 Janice Mahon
- Nov. 22 Lois Jennings
- Nov. 26 Veta Forbes
- Nov. 26 Patricia Maiure
- Nov. 29 Inez Fryar
- Nov. 29 Gladys Roman

Happy Birthday with wishes for countless blessings throughout the coming year!

RESIDENT ADVISOR'S CORNER

Most of the United States begins Daylight Saving Time at 2:00am on the second Sunday in March and reverts to standard time on the first Sunday in November. In the U.S. each time zone switches at a different time. Don't forget to turn your clocks back one hour on November 1st.

If you have any questions or need to set up an appointment, please feel free to stop by or call the office.

~Jessie



Welcome Home

11/1 ~ Florence Woermer & Francisco Flores ~ Apt. 2B

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We wish you many years of good health and happiness in your new home!



Positive Thought

"Find the good. It's all around you. Find it, showcase it, and you'll start believing in it." ~Jesse Owens

Daily Lunch Program

D.C. Office for the Aging offers home-delivered meals at noon, Monday through Friday. **Please note that The Office for the Aging has suspended all congregate meals until further notice. Home-delivered meals will continue to be provided to all residents registered with the Office for the Aging.*

~**~**~**~**~**~**~**~**~**~**~**~**~





Gobbling Up Turkey for Thanksgiving

Chances are, on Thanksgiving Day, turkey will be on the menu for the holiday meal. How did this bird become the symbol for the day?

The Pilgrims of the Plymouth colony and local Wampanoag Indians marked the first Thanksgiving in 1621. Although written accounts of the food offered mention wild fowl, and turkeys were plentiful in the area, they likely weren't the focus of the spread then.

However, the Pilgrims' tradition of giving thanks for harvests became common, and in 1863, President Abraham Lincoln made Thanksgiving a national holiday. Magazine editor Sarah Josepha Hale had lobbied for such a day, and she wrote about New Englanders serving roast turkey for the festivities. Others then adopted the menu.

Historians point to the fact that turkey is native to North America and widely available across the U.S. The pick is also practical because a turkey can feed a large gathering of people. At the same time, turkey as a main dish on holidays and special occasions was reflected in popular books throughout the 19th century.

All this helped reinforce the turkey's image as a symbol of Thanksgiving, a celebration now nicknamed Turkey Day.



Wit & Wisdom

"Thanksgiving is a time of togetherness and gratitude."
—Nigel Hamilton

"I love Thanksgiving because it's a holiday that is centered around food and family."
—Marcus Samuelsson

"Thanksgiving is a joyous invitation to shower the world with love and gratitude."
—Amy Leigh Mercree

"Thanksgiving. That's the day people celebrate having food by eating as much of it as possible. ... That's the day people try to eat every turkey, pumpkin, and cranberry on the face of the earth. It's a tradition."
—Jim Davis

"Thanksgiving Day is a good day to recommit our energies to giving thanks and just giving."
—Amy Grant



Preserving Veterans' Stories

With thousands of stories of service and sacrifice, the Veterans History Project preserves and shares the firsthand accounts of America's war veterans.

Created in 2000 by the U.S. Congress, the ongoing program is part of the American Folklife Center at the Library of Congress. The personal narratives of men and women who served in all branches of the military from World War I to present-day conflicts are being collected. Their memories help document history and provide a better understanding of the realities of war for future generations.





Veterans are encouraged to share their experiences by submitting video or audio interviews, written memoirs, letters, photos and other historical documents. Families of deceased veterans can also contribute.

To date, the project has collected 108,000 stories, making it the nation's largest archive of oral history of its kind. Some accounts have been digitized and are available for viewing online.

To learn more about the Veterans History Project and how to participate, visit LOC.gov/vets.



November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 DAYLIGHT SAVING TIME ENDS / TURN CLOCKS BACK ONE HOUR	2	3 Election Day	4	5 <i>"Youth Is the Gift of Nature, But Age Is a Work of Art." ~ Stanislaw Jerzy Lec</i>	6	7 
8	9 	10	11 Veterans Day OFFICE CLOSED	12	13 <i>"In the End, It's Not the Years in Your Life That Count. It's the Life in Your Years." ~ Abraham Lincoln</i>	14
15	16	17 <i>"Old Age Is Like Everything Else. To Make a Success of It, You've Got to Start Young." ~ Theodore Roosevelt</i>	18 EXTERMINATOR 8AM	19	20 	21
22 <i>"The Longer I Live, The More Beautiful Life Becomes." ~ Frank Lloyd Wright</i>	23	24	25	26 Thanksgiving OFFICE CLOSED	27 OFFICE CLOSED	28
29	30 	<h1 style="font-family: cursive;">November</h1>				

"This Month In History"

NOVEMBER

1921: The Tomb of the Unknown Soldier is dedicated at Arlington National Cemetery in Virginia. The ceremony took place on Armistice Day three years after the end of World War I.

1947: England's future queen, Princess Elizabeth, marries naval officer Philip Mountbatten at London's Westminster Abbey.

1956: Rock 'n' roll star Elvis Presley makes his movie debut in the Western "Love Me Tender." The film's title was changed to showcase the singer's No. 1 hit song.

1970: Engineer Douglas Engelbart receives a patent for his invention, the computer mouse. He called the device a mouse because the cord looked like a tail.

1984: McDonald's marks a milestone by cooking up its 50 billionth hamburger at a celebration in New York City.

1992: Carol Moseley Braun makes history as the first African American woman elected to the U.S. Senate, representing Illinois.

2000: U.S. President Bill Clinton travels to Vietnam. He was the first American leader to visit the country since the end of the Vietnam War.

2002: The TV cooking show "Barefoot Contessa," hosted by Ina Garten, premieres on the Food Network channel.

2016: Earning over \$3 million in a single week, the musical "Hamilton" sets a Broadway record.